



What are some of the things causing stress or anxiety in your life? \_\_\_\_\_

*"I will not leave you as orphans..." (John 14:18)*

*"But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you." (John 14:26)*

*"Peace I leave with you; my peace I give you. I do not give you peace as the world gives. Do not let your hearts be troubled and do not be afraid." (John 14:27)*

**1. When the Pressure Is On, the Holy Spirit Is Right There with You.**

*"But I tell you the truth: It is for your good that I am going away. Unless I go away, the Counselor will not come to you; but if I go, I will send Him to you." (John 16:7)*

*Cast all your anxiety on Him because He cares for you. (1 Peter 5:7)*

**2. When the Pressure Is On, the Holy Spirit Gives You Supernatural Peace.**

*"The world cannot accept Him, because it neither sees Him nor knows Him. But you know Him, for He lives with you and will be in you." (John 14:17)*

**3. When the Pressure Is On, the Holy Spirit Teaches You What God Wants You to Do.**

*"The Holy Spirit... will teach you all things and will remind you of everything I have said to you." (John 14:26)*

*"I am the LORD your God, who teaches you what is best for you, who directs you in the way you should go. If only you had paid attention to my commands, your peace would have been like a river..." (Isaiah 48:17-18)*

*"There is no peace," says the LORD, "for the wicked." (Isaiah 57:21)*