



Psalm 23:4 (NIV) Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

1. What Do We Know About Valleys?

A. Valleys Are Inevitable.

...in this world you will have trouble ... (John 16:33)

B. Valleys Are _____.

In an instant my tents are destroyed, my shelter in a moment. (Jeremiah 4:20)

C. Valleys Are Impartial.

(God) sends rain on the righteous and the unrighteous. (Matthew 5:45)

D. Valleys Are _____.

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. (2 Corinthians 4:17)

E. Valleys Can Help Us Grow.

2. How Do We Get Through Valleys?

Even though I walk through the valley of the shadow of death, I will fear no evil... (Psalm 23:4)

For they that wait upon the Lord shall renew their strength. They shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint. (Isaiah 40:31)

3. How Do We Keep Going?

...I will fear no evil, for you are with me... (Psalm 23:4)

Your rod and your staff, they comfort me. (Psalm 23:4)

A. Shadows Are Always Bigger Than _____.

B. Shadows Can't Hurt You.

C. Shadows Can't Exist Apart from _____.

I am the light of the world... (John 8:12)

(over)

Want to Go Deeper?

- Memorize Psalm 23:4.
- Think about how God helped you through valleys in your past. What did you learn?
- What is your next step in walking through your valley?
- If you are ready to accept God's invitation to a new life, let us know and we will help you with next steps.
- Read *Traveling Light* by Max Lucado.

Please let us know the commitments you are making to God by using the Communication Card. We will pray for you.

Coming Next Week: A Place to Find Grace